

Manifesting *Thoughts*

A Newsletter on the Art of Manifesting Your Heart's Desires Using the Law of Attraction

March 2008

Money Matters

MONEY!



My bet is that just seeing the word "Money" big and bold triggered an emotional response in you. Take a second to think about it. What was your first reaction? Was it a flashback of someone telling you that money is the root of all evil; that money doesn't grow on trees; that you have to work hard to get it; be dishonest or take unfair advantage of someone else? None of these are probably what you "think" about money. Honestly, most people's thoughts of money are that they want more (and I'm talking a whole lot more) of it. But the challenge is, if what you are thinking and what you are feeling are not a match, your feelings will win out every time.

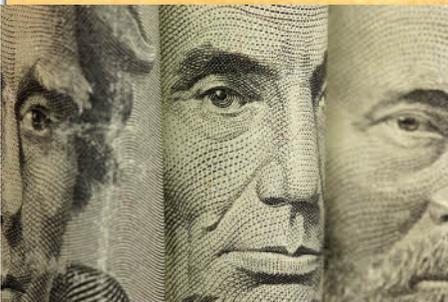
It should not surprise anyone that money is such an emotionally charged matter, because money is essentially energy. Money is currency, or in other words, a current that flows from an exchange of talents, services or actions. However, the feelings of fear and negativity are co-creators of the barriers that build up and substantially slow or stop the natural flow of currency, money or abundant energy, into our lives.

Here's a tool that may help you "feel" differently about money. In her classic book, "The Dynamic Laws of Prosperity," Catherine Ponder tells the story of a salesman whose standard response to the "How's business" question was always "Business is wonderful because there's gold dust in the air!" And for him there was. Because he said it was so, each contact resulted in sales and people always remarked of him, "Everything he touches turns to gold."



Everything you touch can turn to gold, too, if you "see" the gold dust that is in the air. Take a few moments several times a day and simply visualize gold dust surrounding you...well, like the air you breathe. Have fun with this. Feel its vibrant energy cascading over you, softly grazing your hair, faintly brushing your cheeks, covering your clothing, and collecting in your hands and at your feet. Squish it between your fingers. Wiggle your toes in it. Roll around in it. Make gold dust angels! Then when you are truly in that golden state of abundance, feel yourself overflowing with gratitude as you thank the Universe for your bounty.

Visualizing gold dust in the air allows you to accept the truth that wealth and abundance are accessible to everyone, and that there is an **unlimited** supply of it. No one has to lose out. As a matter of fact, abundance is your birthright. The way life was meant to be experienced. You don't have to work HARD for money, take advantage of anyone else or be evil to get it. Figuratively, all you have to do is open your hands (or a very large trunk) to collect whatever you want. See yourself doing just that and expect golden opportunities to open up for you. Expect that gold nuggets of wisdom to newfound wealth will be revealed to you, and they will.



We've created a new H♥artivations™ mini-poster to help you with the Gold Dust meditation that appears in this month's feature article! It combines words and art that speak to the Heart. Don't miss it on Page 3!

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Manifesting

Art for Kids



Help your child find his or her own "pot of gold" this St. Patrick's Day! It's never too early to teach children to invite abundance in their lives. A perfect way to do this is to have your child create his or her own Heart's Desire bracelet!

This can be done in several ways, but our suggestion is to use stretchy cord; a blunt, large eye needle; and inexpensive acrylic beads with large holes. (Just make sure the beads are green!) Starting on March 1st, sit down with your child and ask him to think of something he would like to do, be or have. If he has created a vision board, suggest that he review it to get ideas. Once a desire has been chosen, explain that wearing a bracelet can help remind him to focus his attention on his chosen desire.

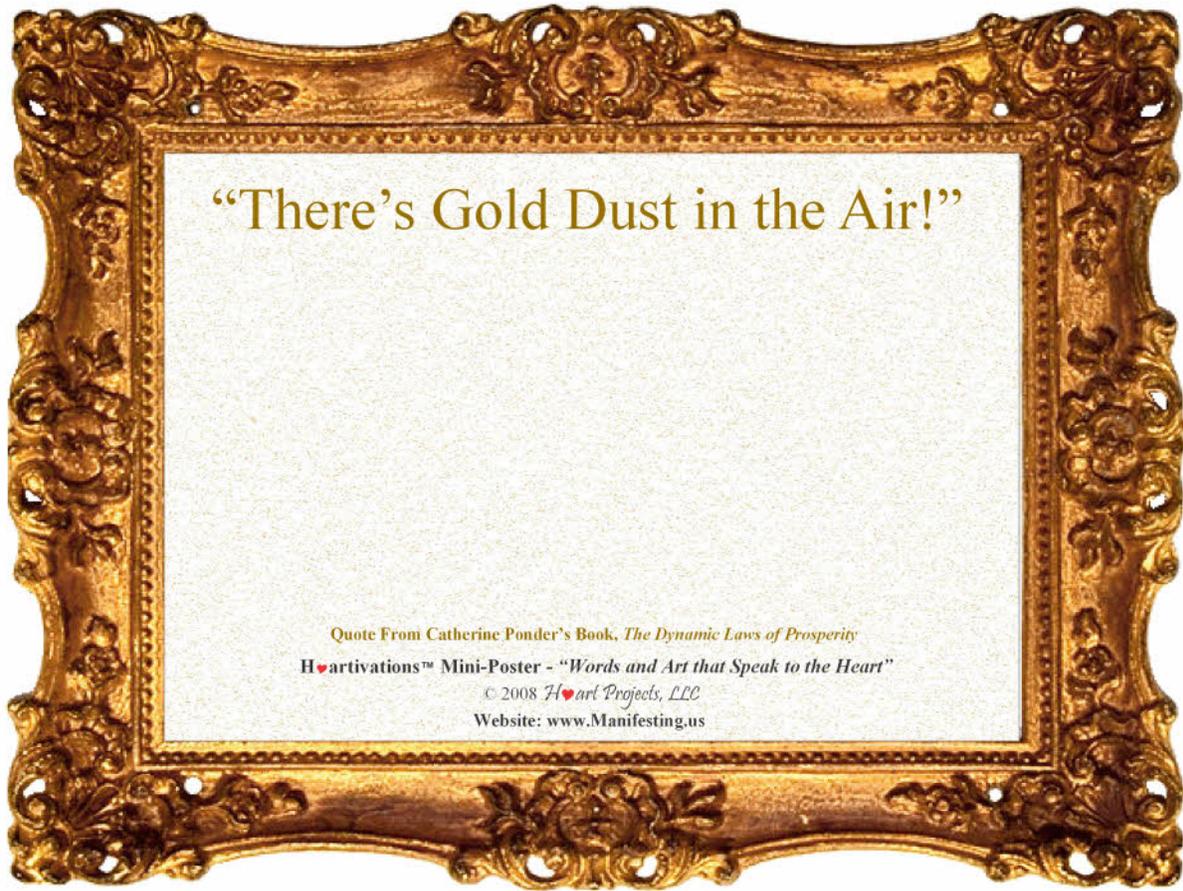
To make the bracelet, knot the stretchy cord leaving a 2" tail at the end. Thread the needle for your child and have her put only one bead on the string. Then tell her you will come back to the bracelet project tomorrow. Each day, review your child's desire and thread one more bead on the string. Suggest that your child touch each bead as she is focusing her attention on her desire. By March 17th, St. Patrick's Day, the Heart's Desire bracelet will have the perfect number of beads, 17! Tie the two ends together and you have a Heart's Desire bracelet!

Focusing your thoughts for as little as 17 seconds will attract an energy vibration that matches whatever you are thinking about. Not only will a Heart's Desire bracelet help your child focus his thoughts on what he wants to do, be or have, it will also give him something green to wear on St. Patrick's Day!

Manifesting *Tip*

To celebrate St. Patrick's Day we are offering our **Jade Manifesting® Bracelet at Half Price!** Regularly priced at \$29.95, for the month of March, it is just **\$14.98!** Don't miss out on this offer - Order today by visiting our website at **[www.Manifesting.us!](http://www.Manifesting.us)**

To learn more about Heart Projects' other Manifesting Products, including our Manifesting® Key Chains and Manifesting® Bookmarks, we invite you to visit us at **www.Manifesting.us**.



H♥artivations™ Mini-Poster - *“Words and Art that Speak to the Heart”*
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This is a smaller version of the H♥artivations™ Mini-Poster. Use your Back Button to download the Full Version.

How to Use Your H♥artivations™ Gold Dust Mini-Poster

This golden-framed mirror is already reflecting the gold dust that is in the air. Use the mirror to see yourself surrounded by prosperity and abundance, because the truth is, that is your natural state. All you have to do is claim it!

Note: All of Heart Projects' Manifesting® products feature 17 beads that will help you to focus and direct your thoughts in this exercise. Please visit our website at: www.Manifesting.us.